



FHN GLOBAL 2025



UNLOCK YOUR CREATIVITY PHOTOGRAPHY AND PAINTING COMPETITION



7th-9th
November 2025

Hilton Bengaluru Embassy
Manyata Business Park,
Bengaluru

PHOTOGRAPHY & PAINTING COMPETITION

FHNO GLOBAL 2025

Theme : "RESILIENCE IN A FRAME "

Let's Discover the stories *beyond the scalpel*. Through your lens or brush, capture the silent strength, the unseen moments, and the human side of a surgeon's journey.

Categories (PHOTOGRAPHY / PAINTING)(OR-Operating Room)

1. **Life in OR** : A surgeon's hands at work, delicate sutures, or an intense moment at surgery.
2. **Life Beyond OR**: A surgeon engaging in hobbies, or finding ways to recharge and stay grounded. Moments, landscapes, street shots, travel, expressions of joy, struggle, peace, or anything that inspires you

Painting Submissions

- Paintings can depict similar themes .
- Painting can be scanned and submitted as photographs

Guidelines for Competition

1. **Eligibility** : Open to all registered participants of FHNO 2025.
2. **Ethical Considerations**
 - Person confidentiality must be strictly maintained.
 - The photograph should reflect high professional and ethical standards.
3. **Submission Guidelines**
 - Maximum five entries per participant.
 - Images must be in JPEG or PNG format, with a minimum resolution of 300 DPI.
 - Each submission should be accompanied by a brief caption (max 50 words) explaining the context , significance and how the image or painting best suits the theme " resilience in a frame " .
 - Submit your entries: <https://shorturl.at/BWDe6> [CLICK TO SUBMITT](#)
4. **Image Editing Rules**
 - Basic edits like cropping, contrast adjustment, and color correction are allowed.
 - No excessive digital manipulation (e.g., adding elements, major alterations).
 - Any image suspected of unethical modifications will be disqualified.
5. **Important Dates**
 - **Submission Deadline: July , 31 st, 2025**
6. **Copyright** : Copyright metadata and watermarking are permitted. However, if a watermark interferes with the judging process, the risk lies with the participant.

Rejection criteria

completely AI-Generated Image

Photography created by someone else but presented as one's own work

Any paintings that are referenced by other artworks or photographs **must be acknowledged** or else will be rejected.

FHNO2025 Team cannot be held accountable if someone else replicates your work

EXAMPLE 1

CATEGORY : LIFE IN OR

IMAGE CREDIT:DR

REGISTRATION NUMBER:XXX



Acknowledgement : iStock photo ID:507756350 Credit Shutter OK

BEHIND THE MASK, A MIND SHARPENS, BEARING THE WEIGHT OF HOPE AND THE PRECISION OF SKILL. THIS QUIETUDE IS NOT JUST PREPARATION; IT'S A MOMENT STEEPED IN DEDICATION.

EXAMPLE 2

CATEGORY : LIFE BEYOND OR

IMAGE CREDIT:DR

REGISTRATION NUMBER:XXX



Acknowledgement : iStock photo ID:1504496499 Credit Julia Pavaliuk

KEEP GOING EVEN WHEN NO ONE'S WATCHING, SIMPLY
BECAUSE WE MUST

EXAMPLE 3

CATEGORY : LIFE IN OR

IMAGE CREDIT:DR

REGISTRATION NUMBER:XXX



Acknowledgement : iStock photo ID:1273365171 Credit FG Trade

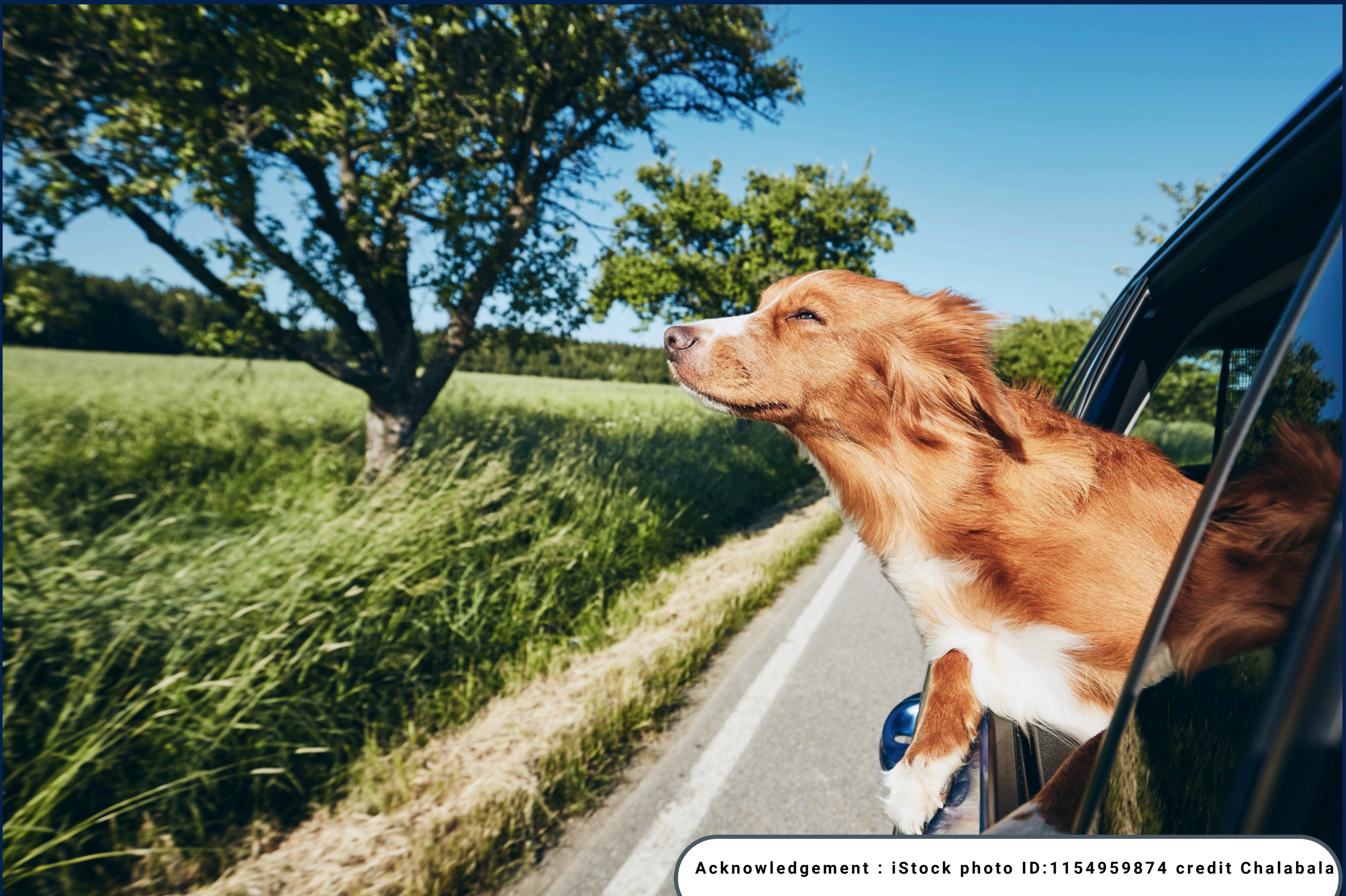
A SURGEON STANDS WITHIN THE TRANQUIL CONFINES OF THE OPERATING ROOM, WHERE RESILIENCE FINDS ITS FORM—A DELICATE DANCE OF STEADY HANDS, A PIERCING GAZE OF FOCUS, AND A DEVOTION THAT KNOWS NO WAVER

EXAMPLE 4

CATEGORY : LIFE BEYOND OR

IMAGE CREDIT:DR

REGISTRATION NUMBER:XXX



Acknowledgement : iStock photo ID:1154959874 credit Chalabala

UNBURDENED BY THE JOURNEY, IT EMBRACES THE
PRESENT THRILL OF THE RIDE. HERE IS UNADULTERATED
JOY, A REMINDER TO SEEK OUT AND EMBRACE THE SIMPLE
GIFTS OF LIFE

EXAMPLE 5

CATEGORY : LIFE BEYOND OR

IMAGE CREDIT:DR _____

REGISTRATION NUMBER:XXX



Acknowledgement : iStock illustration ID:1035255906 credit Christian Längert

UNYIELDING TO THE HARSHTEST WEATHER, CONSTANT IN THEIR TRANQUILITY, MOUNTAINS AND RIVERS WHISPER THE ENDURING LANGUAGE OF RESILIENCE.

EXAMPLE 6

CATEGORY : LIFE BEYOND OR

IMAGE CREDIT:DR

REGISTRATION NUMBER:XXX



Acknowledgement : iStock illustration ID:2101293768 credit Anna Pismenskova

**THE LOTUS, GRACEFUL IN FORM YET
UNWAVERING IN STRENGTH.**

**ANCHORED IN THE DEPTHS, IT REACHES TOWARDS THE SUN, A
SYMBOL OF SERENE RESILIENCE AND TIMELESS ELEGANCE.**